### SUBSTANCE ABUSE TREATMENT FACT SHEET

# Massachusetts Department of Public Health, Bureau of Substance Abuse Services February, 2002

This fact sheet contains information about the impact of alcohol and other drug use in the Thirty-eight Middlesex Representative District. Admission data were reported to the Bureau of Substance Abuse Services (BSAS) Substance Abuse Management Information System in FY 2001.

# Residents of Thirty-eight Middlesex Representative District

#### **Treatment Admissions:**

In FY 2001, there were 120,687 admissions to licensed substance abuse treatment services in all of Massachusetts. Of these, 1.0% (1,254) reside in the Thirty-eight Middlesex Representative District. Due to budget cuts in FY 2002, BSAS estimates that 19% (238) of Thirty-eight Middlesex Representative District residents will not be able to access treatment services. Please note that these statistics represent only individual admissions, and represent a figure lower than the actual number of constituents in need of treatment services.

- In FY 2001, 72.3% of admissions from Thirty-eight Middlesex Representative District were male and 27.7% were female.
- Over 66.6% of admissions were between the ages of 21-39.
- 87.6% of admissions were white non-Latino, 4.0% were black non-Latino, 4.3% were Latino, 1.1% were Asians, and 3.0% were other racial categories.
- 66.5% of those admitted to treatment were never married, 13.0% were married, and 14.0% reported not to be married now.
- 21.0% of admissions had less than high school education, 57.5% completed high school, and 21.5% had more than high school education.
- 26.2% of those admitted to treatment were employed.
- 13.3% of those admitted were homeless.
- 11.0% of admissions had prior mental health treatment.

#### **Substances Used in Past Year:**

Upon entering treatment, each client is asked to report ALL substances used in the past year (12 months) prior to admission. Admissions frequently report using more than one substance within the year. The use of more than one psychoactive substance, such as alcohol and marijuana, is referred to as 'polydrug' or 'polysubstance' use. For example, individuals who use cocaine, crack and heroin also may report the use of either alcohol and/or marijuana.

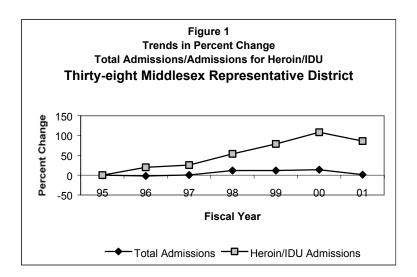
• Table 1 shows ALL substances which clients reported using in the year prior to admission, including the prevalence of injection drug use (IDU) in the Thirty-eight Middlesex Representative District. Injection drug users (or IDU's) are individuals who use a needle to ingest cocaine, crack, heroin or another drug to get high.

Table 1 Annual Admissions by Substance Used FY 1995 – FY 2001										
Thirty-eight Middlesex Representative District										
	Total	Alcohol	Marijuana	Cocaine	Crack	Heroin	IDU			
FY '95	1,238	972	375	438	252	369	229			
FY '96	1,212	900	394	416	282	447	268			
FY '97	1,241	966	369	358	214	441	308			
FY '98	1,383	1,025	363	419	214	551	367			
FY '99	1,385	973	399	404	165	616	453			
FY '00	1,407	944	393	442	174	698	546			
FY '01	1,254	807	287	332	104	626	485			

- Since FY 1995, residents of Thirty-eight Middlesex Representative District have reported a steady increase in heroin use, but a decrease in all other drug categories.
- Between FY 1995 and FY 2001, admissions reporting heroin use increased by 69%, while alcohol use decreased by 16%, marijuana by 23%, cocaine by 24%, and crack use by 58%.

# **Heroin and Injection Drug Use:**

Figure 1 below shows the proportional increases in all admissions in the Thirty-eight Middlesex Representative District and the proportional increase in admissions reporting heroin and injection drug use, a factor driving increases in HIV<sup>1</sup>.



• Total treatment admissions remained steady between FY 1995 and FY 2001. During the same period, admissions for heroin and injection drug use treatment increased by 86%.

## **Primary Substance of Use:**

At admission clients also identify a "primary drug" of use which is the substance currently causing them the most problems.

• Table 2 compares the proportional distribution of primary drugs in Massachusetts with that for the Thirty-eight Middlesex Representative District.

Table 2									
Primary Drug by District and State FY 2001									
	Alcohol	Heroin	Marijuana	Cocaine	Crack				
District	35.9 %	46.5%	3.7%	3.7%	1.5%				
State	46.5%	35.9%	6.5%	3.9%	3.4%				

• While cocaine as a primary drug of use in your Representative District was level with the State average, heroin as a primary drug was higher, and, alcohol, marijuana, and crack was lower within your District.

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<sup>&</sup>lt;sup>1</sup> The Schneider Institute for Health Policy, Brandeis University, 2000